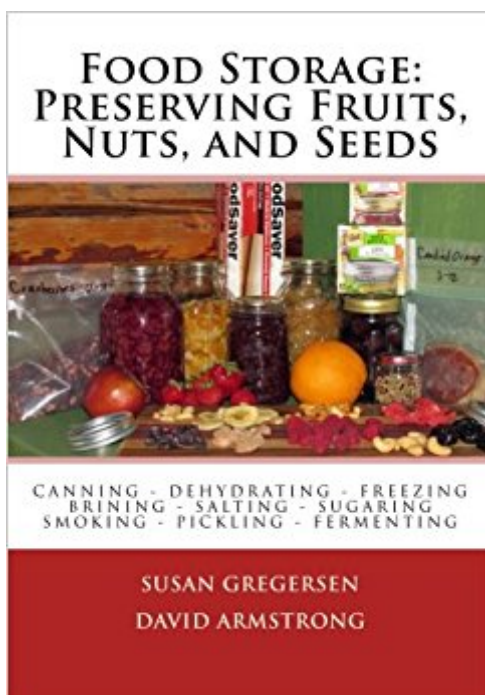


The book was found

# Food Storage: Preserving Fruits, Nuts, And Seeds



## Synopsis

There are a lot of books about food preserving but what sets this book (and the first volume, Preserving Meat, Dairy, and Eggs) apart is that each food and all the methods for preserving that particular food are described in their own chapters. In Part I, it begins with fruits and works its way through each fruit in alphabetical order, then on to nuts and seeds. All methods that work well with each food are explained along with directions for the preparation and processing of that food. There is also information about what doesn't work and why. In Part II, there is an explanation of the preserving methods, how to do them, and what you'll need: Canning, dehydrating, freezing, salting, brining, sugaring, smoking, pickling, and fermenting, as well as some not-as-often heard of ones as ash, oil, and honey for preservation. The authors live on opposite ends of the country (north and south) and bring some of their own regional flavor to the book, making it interesting as well as informative.

## Book Information

Paperback: 120 pages

Publisher: CreateSpace Independent Publishing Platform; 7/29/13 edition (August 28, 2013)

Language: English

ISBN-10: 1492228362

ISBN-13: 978-1492228363

Product Dimensions: 7 x 0.3 x 10 inches

Shipping Weight: 10.2 ounces (View shipping rates and policies)

Average Customer Review: 4.0 out of 5 stars 35 customer reviews

Best Sellers Rank: #164,492 in Books (See Top 100 in Books) #30 in Books > Cookbooks, Food & Wine > Kitchen Appliances > Dehydrators #198 in Books > Cookbooks, Food & Wine > Canning & Preserving

## Customer Reviews

I've just gone through the Kindle version of Food Storage: Preserving Fruits, Nuts, and Seeds, and I'm looking forward to the print version. This book is set up much like Susan's and David's earlier co-creation, Food Storage: Preserving Meat, Dairy, and Eggs. That is, rather than listing preservation methods, they have the book organized by the fruit, followed by the different preservation methods for that particular fruit. That makes my job so much easier, because that's the way I think. When I set out to preserve something, it's because I have a bunch of apples, or blackberries, or pears, and I need to know what I can do with that specific fruit. With Susan's and

David's book, I don't have to flip back and forth looking at all the different methods of preserving fruit in general. All the information for the one item I'm preserving is in one place. And there is a lot of information (preservation methods) for each item listed, sprinkled with Susan's and David's personal experiences. They deviate just slightly from this organization method when it comes to nuts and seeds. Rather than listing each nut and each seed individually (followed by preservation methods), nuts and seeds are taken as a whole, with preservation methods described in detail. There is more that can be done with nuts and seeds than I ever knew, and I look forward to trying my hand at canning our hazelnuts this autumn. Besides the knowledge and organization that went into this book, I appreciate the personal feel of Susan's and David's writing. It's like having them there, talking me through the process. While I have not personally met either author, I am familiar with both through online forums, and I know they both walk the walk. Food preservation is part of their daily lives, and they know what they talk about. Like *Food Storage: Preserving Meat, Dairy, and Eggs*, this book is not a hefty tome. But it is packed with information all the same. And when my print version arrives, it will slide easily into a spot in my kitchen, next to their other book, as a quick, go-to resource. The value is unbeatable. I honestly can't wait to see what these two come up with next.

well written, clear instructions and great ideas, so I have it in my go to reference books. I really appreciated the conversational tone of the book that followed the real life experiences of what worked and what...well, didn't work quite as well as they expected. Easy to learn and remember from their mistakes in order to avoid repeating and wasting your supplies and /or money. It is thin and easily fits into a bug out bag.

I used this book last fall and will use it again. Much of it I already knew but I've done my own preserving, canning, freezing for many decades because I grow many of my own veggies and fruits. I still learned info from this book. It would be good for people new to preserving.

good basic stuff...a starting point

I find all the information in this book to be really do-able rather than just wishing I could do something. I am using this book already and so far, everything I have tried to do has worked.

So grateful someone wrote a book with all this information, all in one handy place! Covers a lot of ways to store, and keep fresh longer, etc...

I love the works of this author. I bought all the other titles by Susan Gregersen that I could find. Very useful information and affordable too!

Excellent book. Covered alot of ground. It is a good companion book with others I have.

[Download to continue reading...](#)

Food Storage: Preserving Fruits, Nuts, and Seeds How to Grow More Vegetables, Eighth Edition: (and Fruits, Nuts, Berries, Grains, and Other Crops) Than You Ever Thought Possible on Less Land Than You ... (And Fruits, Nuts, Berries, Grains,) Canning and Preserving: A Simple Food in a Jar Home Preserving Guide for All Seasons: Bonus: Food Storage Tips for Meat, Dairy and Eggs Minecraft Seeds: Ultimate Minecraft Seeds you must Use: Best Minecraft Seeds Worlds You Must See (Unofficial Minecraft Seeds Guide) Kristen Suzanne's EASY Raw Vegan Dehydrating: Delicious & Easy Raw Food Recipes for Dehydrating Fruits, Vegetables, Nuts, Seeds, Pancakes, Crackers, Breads, Granola, Bars & Wraps The Vegetarian Flavor Bible: The Essential Guide to Culinary Creativity with Vegetables, Fruits, Grains, Legumes, Nuts, Seeds, and More, Based on the Wisdom of Leading American Chefs Ultimate Seeds Handbook for Minecraft: The Best Minecraft Seeds That You Must Know! (Seeds for PC and Mac, Xbox 360, Pocket Edtion) Minecraft Seeds: Top 25 Seeds for Minecraft 1.10 - Unofficial Guide Featuring Seeds You Must Try Out For Yourself ( sorted into 5 categories with a bonus gift inside ) - GREAT CHRISTMAS GIFT Food Storage: Preserving Meat, Dairy, and Eggs Preserving Food without Freezing or Canning: Traditional Techniques Using Salt, Oil, Sugar, Alcohol, Vinegar, Drying, Cold Storage, and Lactic Fermentation Food Storage: Preserving Vegetables, Grains, and Beans: Canning - Dehydrating - Freezing - Brining - Salting - Sugaring - Smoking - Pickling - Fermenting Canning and Preserving Soups, Stews, and Chili: A Step-by-Step Guide to Canning Delicious Food (Canning and Preserving for Novices Book 1) Canning and Preserving Guide for Beginners: Canning and Preserving Cookbook for Fresh Food Year Round Nuts and Berries of New England: Tips And Recipes For Gatherers From Maine To The Adirondacks To Long Island Sound (Nuts and Berries Series) Guns Danger & Safety 2nd Edition: An Essential Guide In Firearm Ammunition, Loading, Shooting, Storage and Safety (Guns, Guns & Ammo, Ammunition, Hunting, ... Loading, Targets, Handguns, Gun Storage) Storage Unit Auctions: A Practical Guide to Profiting with Storage Unit Auctions Build Your Own Cedar Storage Chest DIY PLANS HOPE BLANKET TOY BOX STORAGE PATTERNS; So Easy, Beginners Look Like Experts; PDF Download Version so you can get it NOW! Food Truck Business: How To Start Your Own Food Truck While Growing & Succeeding As Your Own Boss (Food Truck, Food Truck

Business, Passive Income, Food ... Truck Startup, Food Truck Business Plan,) The Triumph of Seeds: How Grains, Nuts, Kernels, Pulses, and Pips Conquered the Plant Kingdom and Shaped Human History I Can't Believe It's Not Ice Cream!: 93 most delicious, fast, easy-to-make, smooth, frozen desserts with whole fruit, nuts and seeds, and no added cream ... Healthiest Frozen Desserts Series Book 1)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)